

## Swim with the Olympians and the Fitter & Faster Tour!

The Fitter & Faster Tour is coming to **Brunswick, ME** on **October 10, 2010** and will be held at the **Greason Pool at Bowdoin College!** This event will be hosted by three-time Olympic Champion and five-time Olympic Medalist **Ian Crocker**, along with Olympic Medalist and the First African American woman to make the U.S. Olympic Swim Team, **Maritza Correia**.

### The three-hour sessions are up-beat, high tempo and a lot of fun:

- Get in the water with the Olympians!
- Learn the athletes' favorite drills and race them in every stroke!
- Ask the Olympians your questions in Q&A sessions for kids AND parents
- Take photos with the Olympians, and wear *real* Olympic medals!
- Receive a full color, **64-page Fitter & Faster Tour Collector's program** with bios on all the elite swimmers and featuring other informative articles. Plus receive a special gift bag that contains a SwimChampions.com T-shirt from TYR, "Swim Fan Thundersticks" courtesy Swim Outlet and other gift from Ultraswim and Chocolate #9 and more!
- Get autographs from the Olympic Champion

### A special experience for kids ages 5 through 18:

- **Everyone (kids AND parents) have more** fun at our events than they originally thought they would
- **Leave inspired** by the athletes they met on the Tour
- **Achieve confidence** in their goals and themselves
- **Are motivated**
- **Are excited** about going to their next practice and swim meet
- **Share this unique experience** with friends and teammates
- **Find balance** in their lives between school and their other sports
- Eventually choose swimming when they feel it's time to make a choice

Please contact Gregg Sands: [pinetreeswimclub@yahoo.com](mailto:pinetreeswimclub@yahoo.com) or 712-9609 if you are interested in going. With a count of 10 or more we can receive a discount!!

